



# SGT Shin Woo Kim Clinic SOLDIER CENTERED MEDICAL HOME (SCMH)



**Central appointments: DSN 737-CARE (2273)**

**Cell: 0503-337-CARE (2273)**

You can also book appointments online at:

<https://www.tricareonline.com>

Follow-up appt date/time \_\_\_\_\_

Follow-up with: \_\_\_\_\_

Reason: \_\_\_\_\_

**Please complete the following tasks:**

**SGT Kim Laboratory:**

M, T, W, F: 0800 – 1130/1300 – 1615; Thurs: 1300-1615

- Non-Fasting-** You can eat and drink
- Fasting:** Nothing after Midnight except water with your medications (Bring a snack with you)

**SGT Kim Radiology:** 0503-337-5003; DSN: 737-5003

M, T, W, F: 0800 – 1130/1300 – 1615; Thurs: 1300-1615

**BDAACH Radiology:**

To schedule imaging appointments call Central Appointments:

- X-Ray; Ultrasound; CT Scan; Mammogram; MRI

**SGT Kim Pharmacy:**

M, T, W, F: 0800 – 1130/1300 – 1615; Thurs: 1300-1615

**SGT Kim Immunizations:** *Walk-ins welcome*

M,T, W, F: 0800 – 1130/1300 – 1615; Thurs: 1300-1615

**SGT Kim Physical Therapy:** *Appointment only, no walk-ins*

**Audiology/Hearing:** *Schedule with central appointment line*

**Optometry:** *Schedule with central appointment line*

*Can walk in for MEDPROS updates/glasses ordering & pickup*

**Dental:** *\*see back page*

**Consult/Referral has been ordered for you (\*see back page)**

**Army Wellness Center:** BLDG 578 (across the street from the Education Center), 0503-337-5758; DSN: 315-737-5758

- Tobacco cessation, manage stress, improve sleep

**24/7 Nurse Advice Line:** 0503-337-1098; DSN 737-1098

**TRICARE Service Center:** 0503-337-1433; DSN 737-1433

**Need Emergency Care:**

031-690-7911; 0503-353-7911; DSN 911

**Behavioral Health:**

- BDAACH, 5th Floor; 0503-337-5668; DSN 737-5668
- Warrior Behavior Health Clinic: (2SBDE/2ID rotational units) 0503-337-5177; DSN 737-5177

**Sexual Assault Hotline:**

0503-364-5700; 0503-357-8912; DSN 158

**Suicide Hotline:**

080-8555-118; DSN 118

**Additional Patient Instructions:** \_\_\_\_\_

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**\*Consults/Referrals:**

1. **BDAACH/549**, after 1-2 business days, call **Central Appts: (0503) 337-CARE (2273)** and follow the guiding prompts for referral management, or “managed care division”

**BDAACH/549 Information Line 0503-337-1410/1411**

**Respiratory Clinic** 0503-337-1579/1577 or 737-1579/1577 (4<sup>th</sup> floor)  
**Brace Shop** 0503-337-1180 or 737-2273, option 1-2-2 (4<sup>th</sup> floor)  
**PT** 0503-337-5666 or 737-5666 (4<sup>th</sup> floor)  
**Sleep Lab** Central appts; 503-3377553 or 737-7553 (4<sup>th</sup> floor)

2. **Off -Post: MOU Korean Hospitals**, after 5-7 business days, call **ISOS Tricare 080-429-0880 #3** to get an authorization number and contact number.  
Go to International Liaison Service upon arrival to Korean Facility for information

**Shuttle Times:**

**To DanKook University Hospital: (Tues-Fri)**  
Leaves Humphreys 0830/1230  
Return to Humphreys 1130/1600  
Shuttle located outside BDAACH Hospital

**To St. Vincent’s Hospital: (Tues and Thurs Only)**

Leaves Humphreys 0900 and 1300  
Return to Humphreys 1200 and 1500  
Shuttle located outside Walk-In Gate  
**You MUST make reservation for St. Vincent’s Hospital 031-249-8016**

**Dental:**

**SGT Kim Dental Clinic (BLDG 6370)**  
Hours: M-F - 0900-1200/1300 - 1630  
Appointments:  
0503-3337-9429/9430; 737-9429/9430

**Carius Dental Clinic (BLDG P3020)**  
Hours: M-F - 0900-1200/1300 - 1630  
Appointments:  
0503-337-9206/9207; 737-9206-9206/9207

**Printing a Profile:**

- 1) Logon to the Medical Readiness Portal (MEDPROS) [medpros.mods.army.mil/portal/](http://medpros.mods.army.mil/portal/)
- 2) Scroll down to “Forms”
- 3) Click on “My Profile (DA 3349)”
- 4) After your profile has populated, simply click on the print button (*looks like a printer in the top right corner*)
- 5) Select the printer to print from, or **save as a PDF for an electronic copy for your phone**

**\*Pro tip:** MEDPROS is also the location to complete your **PHA Part 1: Self-Service, Periodic Health Assessments**

**Useful Apps:**



**Health65**  
Up to date information on medical services available across Korea.



**MyCare Overseas**  
Track referrals and download International SOS Authorizations.

After your appointment you may receive a Joint Outpatient Experience Survey. Please do not throw it away or delete the email. Please fill out the survey on the paper provided (prepaid return envelope included), online at the link provided, or call the number listed to complete the short telephone survey. Surveys returned for your patient experience will help keep our clinic up to date with the latest equipment and services available to you.

**YOUR CARE IS OUR PRIORITY!**



Please take the time to recognize our outstanding staff!

Camp Humphreys Health Clinic, SGT Kim SCMH